



**EUROPEAN
ATHLETICS**
YOUR SPORT FOR LIFE

European Athletics U23-U20 Championships TALLINN 2021 - TEAMS

Medical Clearance and Sanitary Protocol

as of 17 June 2021

General Information

In order to be able to host the European Athletics U23 & U20 Championships (the "Event") in Tallinn/EST, the Local Organising Committee - in agreement with the Estonian Government Administration and European Athletics - developed the following set of **mandatory sanitary and medical rules and procedures**.

By registering (or being registered) for the Event, **you** (or the person you are registering) **agree(s) and commit(s) to strictly follow** these rules and procedures.

Violation of these rules and procedures **may result in sanctions such as the revocation of the accreditation** issued and prohibition of attending the Event.

Note: the sanitary and medical clearance procedures described in this document may change in accordance with the development of the COVID-19 pandemic situation in Estonia. Updates to the document would be circulated as necessary in due time.

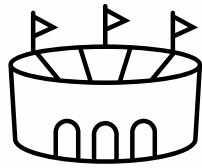
Sanitary Rules

- **Wearing a mask (surgical mask or FFP2) covering the mouth and nose is obligatory at all times**, except:
 - ✓ **When seated at a table** to have a meal (one must wear a mask if she/he leaves the table for any reason, even for a short period of time).
 - ✓ **When eating/drinking** (one must wear a mask when not eating/drinking).
 - ✓ **When competing** (*athletes only!*) – *i.e.* until the athletes are in the field of play and before entering the Live Mixed Zone - **For Field Events, it is strongly recommended the mask to be worn between trials!**
 - ✓ While doing **active physical exercises** during **warm-up and training** – *applies to athletes only!*

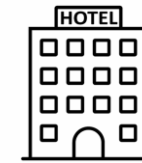
Sanitary Rules

- **Social distancing** of minimum 1.5m - 2m shall be strictly applied **at all times** (except in specific cases where it is not possible to maintain this policy (e.g. medical treatment, competition flow, etc.).
- **Hand hygiene** must be maintained with regular hand washing and the use of disinfectants. The LOC will provide you with a “sanitary kit” including sufficient number of masks and hand sanitizer.

What is allowed on-site



**Going to the Stadium
for training and
competition with the
planned shuttles**



**Going back to
the hotel after
training and
competition**



***Any other activity or behavior that might potentially
result in a health risk is prohibited and European
Athletics has the right to amend or cancel event access***

Medical Clearance Protocol

STAGE 1

- 48 HOURS BEFORE
ARRIVAL IN TALLINN

- RT-PCR RESULTS
- SYMPTOMS
DECLARATION FORM

STAGE 2

DURING THE STAY

- RT-PCR TEST EVERY 72
HOURS FROM ARRIVAL
DAY IN TALLINN

STAGE 3

- 48 HOURS PRIOR
TO GOING BACK HOME

- IF NEEDED, COVID-19
TEST FOR RETURNING
HOME

REQUESTED BY TEAMS

*This protocol applies to everyone, regardless of any previous
COVID-19 infection or vaccination*

Medical Clearance Protocol

Stage 1 (at the participant's cost)

- 48 HOURS BEFORE ARRIVAL IN TALLINN



Provide data through the registration system

EUROPEAN ATHLETICS U23 & U20 CHAMPIONSHIPS 2021
Tallinn/EST
8 - 11 & 15 - 18 July 2021

COVID RETURN TESTS

In case you need a Covid-19 test to return back home, please fill it out below so the LOC can plan accordingly. Costs for such tests are at your expenses.

Departure test

After the event, do you need a test to go back home? Yes No

What test(s) do you need? RT-PCR test and Antigen test (105 EUR)

When do you want to take this PCR test? 17.07.2021

When do you want to take this Antigen test? 18.07.2021

NEXT STEP / SAVE

EUROPEAN ATHLETICS U23 & U20 CHAMPIONSHIPS 2021
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Marie-Anne PROFILE_TEST

COVID TEST BEFORE ARRIVAL

Due to the current situation, we kindly ask you to provide a negative PCR test in order to participate in the European Athletics U23 Championships and European Athletics U20 Championships 2021.

Please fill out all the information below and do not forget to bring with you to Tallinn the hard copy of your PCR test as it will be required by the local authorities upon arrival.

Medical Questionnaire

Are you currently under epidemiological supervision or under quarantine? Yes No

In the past 14 days have you had contact with any persons with confirmed SARS-CoV-2 infection? Yes No

PCR test

PCR test result file

PCR swab collection date* 28.06.2021

PCR test result* Negative

Policy agreement* Yes

NEXT STEP / SAVE

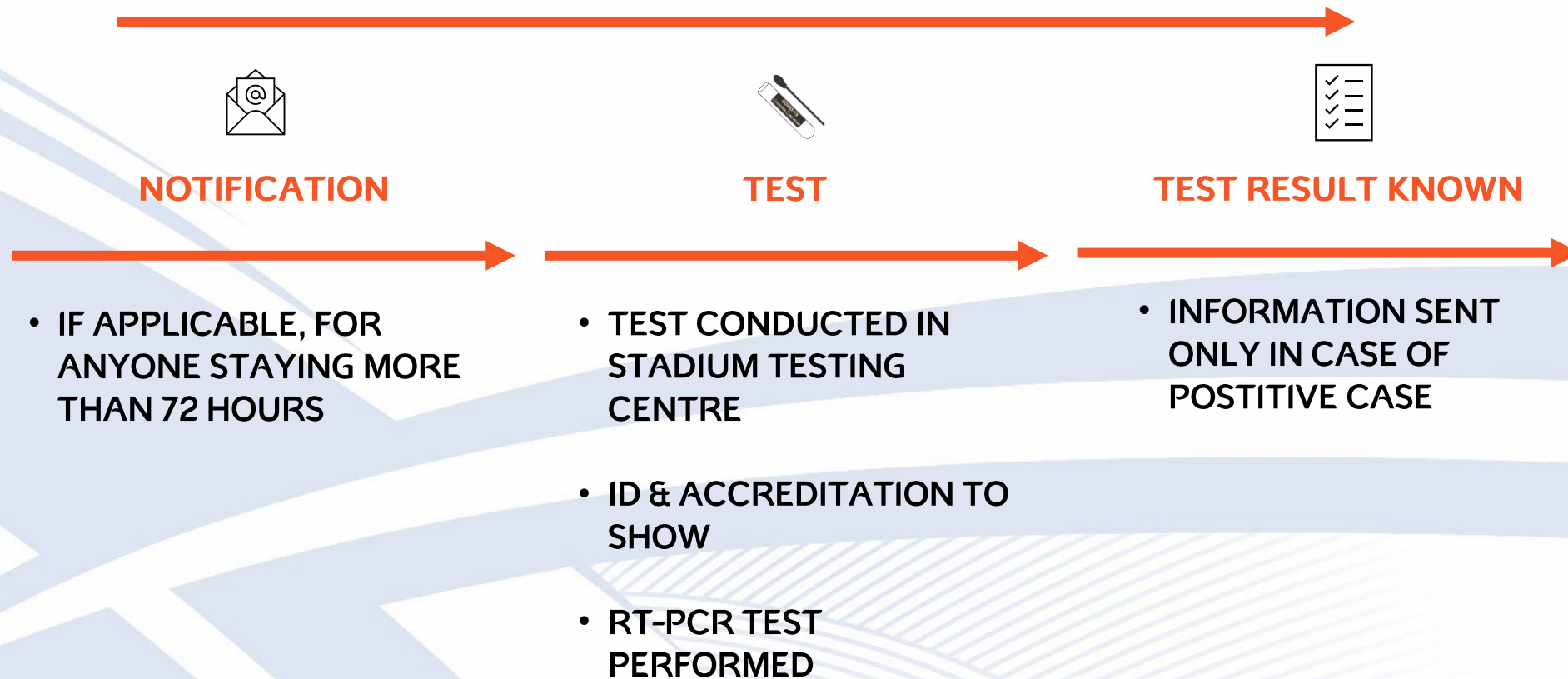
Swab collection to be done within 48hrs before arrival in Tallinn (result to be in English)

- RT-PCR RESULT (FILE TO BE UPLOADED)
- MEDICAL QUESTIONS (ONLINE)
- AGREEMENT STATEMENT (ONLINE)
- WILL YOU NEED A TEST TO GO BACK HOME? (ONLINE)

Medical Clearance Protocol

Stage 2 (at the LOC's cost)

RE-TEST EVERY 72 HOURS DURING STAY



Not going to be re-tested will result in the deactivation of the accreditation

Medical Clearance Protocol

Stage 3 (at the participant's cost)

- 48 HOURS PRIOR TO GOING BACK HOME



SCHEDULE

- BASED ON DEPARTURE DATE
- TEAM LEADER WILL BE ASKED TO RECONFIRM TIME SLOT AND DAY OF TEST



TEST

- TEST CONDUCTED IN STADIUM TESTING CENTRE
- ID & ACCREDITATION TO SHOW
- RETURN COVID-19 TEST PERFORMED



GO BACK TO ACTIVITIES

- PEOPLE CAN GO BACK TO THEIR HOTEL ROOM OR THE STADIUM WHILE TEST RESULT IS BEING PROCESSED



TEST RESULT KNOWN

- 8-10HRS AFTER THE TEST

Medical Clearance Protocol

Flow

