

Appendix 3 – Entry Standards & Conditions

Athletes	Rounds	Men	Event	Women
32	3	10.65	100m	11.90
32	3	21.53	200m	24.30
32	3	48.20	400m	55.45
24	3	1:51.00	800m	2:08.30
25	2	3:49.00	1500m	4:26.40
20	2	8:23.00	3000m	9:48.20
20	1	14:37.50	5000m	17:15.00
32	3	14.25	100/110m Hurdles	13.97
32	3	53.50	400m Hurdles	61.00
25	2	9:15.00	3000m SC	10:50.00
25	1	46:00.00	10,000m Walk	52:00.00
16	2	NES	4x100m	NES
16	2	NES	4x400m	NES
24	2	2.12	High Jump	1.79
24	2	5.05	Pole Vault	4.00
24	2	7.35	Long Jump	6.10
24	2	15.05	Triple Jump	12.75
24	2	17.75	Shot Put	13.75
24	2	54.50	Discus	47.50
24	2	69.00	Hammer	57.50
24	2	67.50	Javelin	49.60
20		7150	Decathlon/ Heptathlon	5250

NES = No entry standards

Note: The column “athletes” refers to the target number of athletes per event not the limit number of athletes per event.

Conditions for validity of performances:

- Performances must be achieved **between the 1 January 2020 and 5 July 2021**;
- Performances must be achieved in bona fide competition (either indoors or outdoors) organised in conformity with World Athletics Rules;
- Performances must be achieved during competitions organised or sanctioned by the World Athletics, its Area Associations or its National Member Federations. Thus, results achieved at other competitions must be certified by the National Federation of the country in which the competition was organised;
- Performances achieved in mixed events held completely in the stadium, shall not be accepted as entry standards, except for race walking events;

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- Wind assisted performances (over 2m/sec) will not be accepted; (For the combined events the conditions set in World Athletics Technical Rule will still be applied for qualification purposes, so at least one of the following conditions shall be satisfied:
 - the velocity in any individual event shall not exceed plus 4 metres per second;
 - the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 m/s;
 - Indoor performances will be accepted;
 - Hand-timed performances for events up to and including 800m will not be accepted;
 - For Race Walks:
 - road performances will be accepted
 - results of races conducted using the pit lane will be accepted;
 - For the running events of 200m and over, performances achieved on over-sized tracks will not be accepted;
 - Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with World Athletics Rule 147, performances achieved in events of 5000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender. For Race Walks the results will always be accepted.