## IAAF Rules to be mentioned in the competition results

| Rule | Section | Note in the Results | Rule Description |
| :---: | :---: | :---: | :---: |
| 22.2 | Eligibility | Ineligibility (age, sex) | If an athlete competes in a compeetition when not eligible to do so |
| 39 | Doping | Results void for doping offense | Results void from the competitions in which the sample was collected |
| 40.8 | Doping | Asll results void for doping offense since the date of doping offense | Results void from the competitions in which the athlete competes from the date the positive sample was collected |
| 41.3(a) | Doping | Results void for doping offense of one of the relay team members | Results void for relay feam for doping offense of one athletes all results since the date of the positive result |
| 41.3 (b) | Doping | Deduction of team points for doping offense | Deduction of the points obtain for a team by an athlete commiting a doping offense |
| 125.5 | General | Unsporting manner / improper conduct (with ref to other relevant infringed rule) | Warning/Disqualification from an event/Disqualification for unsporting or improper behaviour (including 162.5 see hereunder) |
| 142.4 (a) | General | No show of confirmed athlete | Failure to participate after final confirmation |
| 142.4 (b) | General | No show of qualified athlete | Failure to paricicipate after qualifying round |
| 142.4 (c) | General | Competing without bona fide effort | Failure to compete honestly with bona fide effort |
| 144.2 (a) | General | Pacing | Pacing in races (by people not participating in the same race, athletes lapped or about to be lapped or technical device) |
| 144.3 (b) | General | Use of electronic device | Possession or use of video, cassette recorders, radios, CD, radio transmitters, mobile phone or similar devices |
| 144.3 (c) | General | Use of technical device | Use of any technology or appliance that provides the user with an advantage which he would not have obtained using the equipment specified in the Rules |
| 144.4 (b) | General | Unauthorised medical assistance | Medical assistance not in line with the covered by this rule |
| 145.2 | General | DQ from further events due to 125.5 (including rule 162.5 ) | Disqualification from the event and impedement to compete in future events of the same competition due to disqualification for unsporting or improper behaviour. |
| 162.5 (a) | Track Events | Aborting the start without valid reason | Abort the start after the command "on your marks" or "set", without a valid reason (In the opinion of the Referee) |
| 162.5 (b) | Track Events | Delaying the start | Fails to comply with the commands "On your marks" or "Set" as appropriate, or does not place himself in his final starting position after a reasonable time. |
| 162.5 (c) | Track Events | Disturbing the start | Affer the command "On your marks" or "Set" disturbs other athletes in the race through sound or otherwise |
| 162.7 | Track Events | False start | False start individual events \& Combined events. |
| 163.2 | Track Events | Jostling / obstruction | Jostle or obstruction to another athlete, so as to impede his progress |
| 163.3 (a) | Track Events | Lane infingement | Athlete does not keep his lane from start to finish (except 162.4 (a) and (b)) |
| 163.3 (b) | Track Events | Infringement of the inside border | Run in a bend outside his lane, on or inside the left line (or kerb) |
| 163.6 | Track Events | Continuing the race after voluntarily leaving the track | Continuing the race after voluntarily leaving the track |
| 168.7 | Hurdes | Not jumping each hurdle | Not jump each hurdle |
| 168.7 (a) | Hurdles | Trailing leg | Trais foot or leg below the horizontal plane of the top of any hurdle at the instance of clearance |
| 168.7 (b) | Hurdles | Deliberately knocking down a hurdle | Deliberately knocks down any Hurdle |
| 169.7 | Steeplechase | Not jumping each hurdle / the water jump | Shall not go over or through the water and shall not jump each hurdle |
| 169.7 (a) | Steeplechase | Stepping beside the wate jump | Steeplechase Races - Steps to the one side or other of the water jump |
| 169.7 (b) | Steeplechase | Trailing leg | Steeplechase Races-Trais foot or leg below the horizontal plane of the top of any hurdle at the instant of clearance |
| 170.4 | Relay Races | Using more than 1 check-mark / Misplaced check-mark | Check-mark - More than one; Outside his own lane; > $5 \mathrm{~cm} \mathrm{\times 40} \mathrm{~cm}$ |
| 170.6 (a) | Relay Races | Running without the baton / finishing the race without the baton | The baton not be carried or not caried by hand throughout the race |
| 170.6 (b) | Relay Races | Fault at carrying the baton (e.g. using gloves or substances on hand) | Wear gloves or to places ubstances on their hands in order to obtain a better grip of the baton |
| 170.6 (c) | Relay Races | Fault at recovering a dropped baton | Baton not be recovered by the athlete who dropped it/leave lane to rettieve the baton but lessen the distance to be covered |
| 170.7 | Relay Races | Passing the baton outside the takeover zone (early / late takeover) | Baton not be passed within the take-over zone |
| 170.8 | Relay Races | Willful impediment at takeover | Obstruction - Wilfully impedes a member of another team by running out of position or lane at the finish of his leg |
| 170.9 | Relay Races | Assistance by pushing / otherwise | Assistance by pushing or by any other method |
| 170.10 | Relay Races | Using more than two substitues | More than two addilitional athletes used as substitutes in the composition of the relay team |
| 170.11 | Relay Races | Late confirmation/changing team composition and/or running order | Changes in the composition of the team after final confimation |
| 170.18 | Relay Races | Starting outside the allowed distance ( $4 \times 100 \mathrm{~m}, 4 \times 200 \mathrm{~m}$, Medley) | Commence running more than 10 m outside the take-over zone (4x100m, $4 \times 200 \mathrm{~m}$ and Medley) |
| 170.19 | Relay Races | Starting outside the takeover zone (Medley, $4 \times 400 \mathrm{~m}, 4 \times 800 \mathrm{~m}, 4 \times 1500 \mathrm{~m}$ ) | Commence running outside the take-over zone ( $4 \times 400 \mathrm{~m}, 4 \times 800 \mathrm{~m}, 4 \times 1500 \mathrm{~m}$ and Medley final take over) |
| 170.20 | Relay Races | Exchanging positions before takeover (Medley, $4 \times 400 \mathrm{~m}$ ) | Waiting athlete exchange positions at the beginning of the take-over zone once the incoming athlete have passed the "200 m" point (4x400m and Medley Relay final leg) |
| 170.21 | Relay Races | Jostling / obstruction at takeover | Josting or obstruction an athlete in the take-over when assuming an inner position on the track as incoming team member approaches |

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| Rule | Section | Note in the Results | Rule Description |
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| 180.1 | Field Events | Practice trials out of the draw | Practice trials in throws out of draw order and/or not under the supervision of the Judges |
| 180.2 | Field Events | Practice using runway/take-off area/implements/circles after competition start | Practice using the runway or take-off area; implements; the circles or the ground within the sector with or without implements after the beginning of the competition. |
| 180.3 (a) | Field Events | Use more than 2 markers / not from orgaanisation | HJ, PV, LJ e TJ - Use of more than 2 markers or markers not supplied or approved by the organisation |
| 180.3 (b) | Field Events | Use more than 1 markers / misplaced marker | HT, DT and SP - Use of more than 1 marker or marker not placed in the area immediately behind or adjacent to the circle |
| 180.5 | Field Events | Failure to compete in the order draw by lot | Failure to compete in the order draw by lot |
| 180.17 | Field Events | Leave the event area during the competition without permision | Absence during Competition - leave the immediate area of the event during the progress of the competition without permission |
| 187.4 (a) | Field Events | Use non authorised device | Throws - Use of any device of any kind (ex. taping of two or more fingers together or using weights attached to the body) which provides assistance |
| 187.4. d) | Field Events | Spray or spread any substance in the circle or on his shoes | Spray or spread any substance in the circle or on his shoes or roughen the surface of the circle |
| 218.1 | Indoor | Starting outside the takeover zone ( $4 \times 200 \mathrm{~m}$ ) | Commence running outside their takeover zones (4x200m) (For $4 \times 400 \mathrm{~m}$, 48800m rule 170.19 applies) |
| 218.4 | Indoor | Exchanging positions at the take-over zone | Waiting athlete exchange positions at the take-over zone once the incoming athlete has passed the last bend ( $4 \times 200 \mathrm{~m}, 4 \times 400 \mathrm{~m}$ and $4 \times 800 \mathrm{~m}$ ) |
| 230.6 (a) | Race Walking | Repeated failure to comply with the definition of Race Walking | Three red cards for "lost of contact" or "bent knee" |
| 230.6 (c) | Race Walking | Exchanging positions before takeover ( $4 \times 200 \mathrm{~m}, 4 \times 400 \mathrm{~m}, 4 \times 800 \mathrm{~m}$ ) | Athlete fails to leave the course or track after immediately after being disqualified or to remove the distinguishing bibs (course) |
| 230.9 (h) | Race Walking | Taking refreshment out of official station | Collects refreshment from a place other than the reffeshment stations |
| 230.12 | Race Walking | Shortening the distance to be covered | Left the marked course thereby shortening the distance to be covered |
| 240.8 (h) | Road Races | Taking refreshment out of official station | Collects refreshment from a place other than the refreshment stations |
| 240.10 | Road Races | Shortening the distance to be covered | Left the marked course thereby shortening the distance to be covered |
| 250.9 | Cross Country | Shortening the distance to be covered | Cross Country - Left the marked course thereby shortening the distance to be covered |
| 251.6 | Mountain Running | Shortening the distance to be covered | Mountain Running - Left the marked course thereby shortening the distance to be covered |

Note 1: items separated by slash will be chosen as appropriate
Note 2: items in parentheses are for foot note reference only and not to be included on the Results section
Note $\mathbf{3}$ : the rules marked in yellow should in principle be situations prevented before the competition starts. However if the athlete infringes one of these rules he/she may be
warned or DQ for improper behaviour and in this case Rule 145.2 must be referenced, so as the rule leading to the improper behaviour.

## Other notes for results sheet:

R If an athlete retires from a field event because he can no longer continue (due to injury)
DNF If an athlete passes through the call room, goes to the event site (track or field) in the process of preparing to compete indicates that he/she is unable to do so
DNF If an athlete starts and does not finish the event (track event)
DNS If an athlete has confirmed his presence in the event and he does not take part
YC If an athlete received a yellow card it shall be referenced in the results sheet and the start lists of subsequent events the athlete is entered
YRC The second yellow card that leads to Red Card
RC If the athlete receives directly a Red Card
DQ Disqualified
NM No performance
Q Qualified by qualification standard in FE and by placing in TE
a Remaining quaified in $F E$ according to the regulations in $F E$ and by time in $T E$

