

Qualification System and Entry Standards (Updated January 2022)

Entry conditions

- Individual Events (103.6)
 - Each European Athletics Member Federation may enter up to 5 (five) qualified athletes in each individual event of whom up to 3 (three) may participate.
 - According to 103.7, in each individual event, the current reigning European Outdoor Champion will also be invited to participate as a Wildcard, in the same event organised in the following European Athletics Championships, where this event will be staged, on the condition that the athlete in question is entered by his/her federation in that specific event. If a Member Federation has four athletes in that event, as a result of this regulation, all four will be permitted to compete.
- Relay Events (103.6)
 - Up to 8 (eight) athletes may be entered per team for each relay. From these 8 (eight) and from any other athletes entered for any event in the European Athletics Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.
- Marathon Events
 - Marathon events are both individual and team competitions (for national men's and women's teams).
 - Each Member Federation may take part with one men's and one women's team. Teams entered must participate with minimum of 3 (three) and maximum of 6 (six) runners.
 - In case a Member Federation participates with two athletes who have achieved the entry standard or are qualified via the World Rankings, **other athletes (to reach a total of 6 athletes entered) may be allowed to take part without entry standard to complete a team.** These additional athletes should not be counted in the quota of 60 target athletes and would be entered, as unqualified athletes and over the quota.
- Unqualified athletes
 - Member Federations who have no:
 - Male and/or no female athletes who have achieved the Entry Standards or considered as having achieved the Entry Standard (see below)
 - Male and/or no female athletes who are potentially qualified by World Rankings.may enter one unqualified male athlete AND/OR one unqualified female athlete in one individual event of the Championships.
 - The name and event of the unqualified athlete must be submitted no later than **28 June 2022** to competition@european-athletics.org, together with information about their best performance during the qualification period.
 - The Technical Delegates will decide whether to accept such an Entry or not.
- Age categories:
 - Athletes younger than 16 – No athlete younger than 16 years of age on 31 December 2022 (born in 2007 or later) may be entered.

- Under 18 Athletes – Athletes aged 16 or 17 years on 31 December 2022 (born in 2005 or 2006), may compete in any event except the Shot Put (men), the Hammer Throw (men), the Marathon and 35km Race Walk.
- Under 20 Athletes – Athletes aged 18 or 19 years on 31 December 2022 (born in 2003 or 2004), may compete in any event except the Marathon and 35km Race Walk.
- I Run Clean:
 - Each European Athletics Member Federation may enter only those athletes who have received and hold a valid certification for having completed European Athletics Anti-Doping Education Programme – I Run Clean. The certification is to be achieved by all athletes in addition to fulfilling any requirements for the qualification for the event they are entered in.

Qualification System

- Qualification period valid for the Entry Standards and World Rankings:
 - For the 10,000m, Marathon, 20km & 35km Race Walks and Combined Events: 18 months from 27 January 2021 to midnight 26 July 2022 (regardless of the time zone)
 - For Relays: from 1 January 2021 to 26 July 2022 (regardless of the time zone)
 - For all other events: 12 months from 27 July 2021 to midnight 26 July 2022 (regardless of the time zone)
- Qualification in Individual Events
 - Athletes can qualify in one of four ways:
 - By achieving the **Entry Standard** within the qualification period in accordance with the criteria detailed below.
 - By virtue of the **Finishing Position** at designated competitions as follows (in these cases the athletes shall also be considered as having achieved the Entry Standards but shall be declared to European Athletics by 28 June 2022):
 - The first three placed athletes (men & women) of the two editions of the European Cup 10.000m preceding the European Athletics Championships (2021 and 2022)
 - By **Wild Card** as Defending European Champion (Such athletes shall be declared to European Athletics by 28 June 2022)
 - By virtue of the **World Rankings Position** achieved at the end of the qualification period according to the respective Event Ranking Rules (and ranking period). In case of ties, athletes with the next best Performance Score will prevail.
 - European Athletics will keep a regularly updated running list of qualification situation for each event in the lead up to the European Athletics Championships starting in Autumn 2021. This will be published on the Athletes & Data section of the European Athletics Website (<https://european-athletics.com/historical-data/top-list/season>)
 - Individual Athletes Ranking Process
 - Following the end of the qualification period, based on the target numbers for each event European Athletics will determine:
 - The number of athletes having achieved the standard (either directly or by finishing position at the selected competitions),
 - The eligible wild cards,
 - The approved unqualified athletes
 - The list of athletes subsequently qualified by virtue of their World Ranking position to complete the target number in each event. Should the target number of athletes in any event be reached (or surpassed) through entry standards, wild cards and approved unqualified athletes, no athletes would qualify by virtue of their World Rankings position.
 - The declined quota places: Member Federations must inform European Athletics of their intention to decline a quota place (athletes qualified according to 4 above ways) by the closing

of the qualification period on **26 July 2022**. Such notification must be sent to competition@european-athletics.org, by the Member Federation concerned, by no later than 14:00 CEST on 26 July 2022. Quota places declined after the above deadline will NOT be reallocated.

- The list with the athletes finally eligible for entry will be published on **1 August 2022**.
 - Member Federations shall select the athletes for entry from this list and enter all athletes to Munich 2022 by the final entries deadline of **8 August 2022 at 14:00 CEST**.
- Qualification in Relays
 - Only 16 national teams will be qualified to compete in each relay event.
 - The qualification procedure will be based on the aggregate of the two fastest times achieved by national teams in the qualification period. For being ranked, the results of relay races shall be valid only on condition that they are part of a competition staged in compliance with World Athletics Rules and that at least 2 international teams, representing at least 2 countries compete in the race.
 - Member Federations that wish their qualified relays to compete must declare it **by 26 July 2022 at 14:00 CEST** and enter them later in the Final Entries.
 - The Host Nation has the right to be represented with one national team in each relay race. If they wish to participate and are not qualified as indicated above, the number of national teams to qualify will be reduced to 15. The Host Nation shall declare their intention to compete in any of the relay races **by 8 July 2022**.

Target number of athletes / teams per event

Event	Target Number
100m	36
200m	36
400m	36
800m	32
1500m	30
5000m	25
10,000m	27
Marathon	60
3000m SC	34
110m H / 100m H	36
400m H	36
20km W	35
35km W	35
4x100m R	16
4x400m R	16
High jump	26
Pole vault	26
Long jump	26
Triple jump	26
Shot	26
Discus	26
Hammer	26
Javelin	26
Combined Events	24

Entry Standards

MEN	Event	WOMEN
10.16	100m	11.24
20.43	200m	23.05
45.70	400m	51.70
1:45.90	800m	2:00.40
3:36.00	1500m	4:06.00
13:24.00	5000m	15:25.00
28:15.00	10,000m	32:20.00
8:30.00	3000m SC	9:39.00
13.50	110m H / 100m H	12.93
49.50	400m H	55.85
N/A	4x100m	N/A
N/A	4x400m	N/A
2:14.30	Marathon	2:32.00
1:22:10	20km Race Walk	1:32:15
2:35:30 3:54:00 (50km)	35km Race Walk	2:55:00 4:25:00 (50km)
2.30	High Jump	1.95
5.75	Pole Vault	4.60
8.10	Long Jump	6.79
16.95	Triple Jump	14.25
20.85	Shot Put	18.20
65.20	Discus	60.50
77.00	Hammer	71.80
84.00	Javelin	62.50
8100	Combined Events	6250

Conditions for the validity of performances

- All performances must be achieved during competitions organised or authorised by World Athletics, its Area Associations, or its National Federations, and conducted in conformity with World Athletics Rules.
European Athletics reserves the right to establish additional criteria for the acceptance of the results for the purpose of the entry standards, with the aim to preserve the integrity of the sport.
- Special conditions for validity of performances:
 - Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with Rule 9 of the World Athletics Technical Rules, performances achieved in events of 5000m and 10,000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by

an athlete(s) of one gender to an athlete(s) of the other gender. If applicable, Member Federations must submit a specific request to the European Athletics Competition Department (competition@european-athletics.org) providing the documentation as required.

- Performances which are wind assisted or for which a wind reading is not available, will not be accepted for Entry Standards purposes (but will be valid for the World Rankings with the appropriate adjustments).
- Hand-timed performances in 100m, 200m, 400m, 800m, 110m/100m Hurdles, 400m Hurdles and 4x100m relay shall not be accepted.
- Indoor performances for all field events and for races of 200m and longer will be accepted.
- For the running events of 200m and longer (including Combined Events), performances achieved on oversized tracks will not be accepted.
- For Marathons
 - Performances for qualifying purposes may only be achieved on a course measured by a World Athletics/AIMS Grade "A" or "B" international Road Race Course Measurer with the measurement certificate established no more than five years before the date of the race.
 - For entry standards the overall decrease in elevation between the start and the finish will not exceed 1:1000, i.e. 1m per km.
 - For World Rankings in case of performances achieved on courses with a drop in elevation which exceeds 1:1000, a correction will be made in the result score from which points will be deducted depending on the drop.
- For the Race Walks
 - Track performances (20.000m, 35.000m or 50.000m) will be accepted.
 - Performances achieved in competitions conducted with the penalty zone rule will be accepted.
 - Performances for qualifying purposes may only be achieved on a course measured by a World Athletics/AIMS Grade "A" or "B" international Road Race Course Measurer with the measurement certificate established no more than five years before the date of the race.
 - A minimum of 3 International or Area Race Walking Judges must be on duty.
- For the combined events, at least one of these conditions must be met:
 - the wind velocity in any individual event will not exceed plus 4 m/s);
 - the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) will not exceed plus 2 m/s

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