



European 10,000m Cup Birmingham 2021

Medical Clearance and Sanitary Protocol

as of 05 May 2021

General Information

In order to be able to host the European 10,000m Cup (the “Event”) in Birmingham/GBR on 5 June 2021, the Local Organising Committee - in agreement with the Government Administration and European Athletics - developed the following set of **mandatory sanitary and medical rules and procedures**.

By registering (or being registered) for the Event, **you** (or the person you are registering) **agree(s) and commit(s) to strictly follow** these rules and procedures.

Violation of these rules and procedures **may result in sanctions such as the revocation of the accreditation** issued and prohibition of attending the Event.

Note: the sanitary and medical clearance procedures described in this document may change in accordance with the development of the COVID-19 pandemic situation in UK. Updates to the document would be circulated as necessary in due time.

General Information - UK

You must have proof of a negative COVID-19 test to travel to England from abroad 3 days before you travel.

UK Government has in place rules concerning restriction on international travel for non UK citizens. Countries designated as “red” list countries are subject to a 10-day quarantine on arrival.

There are no European Countries currently on this list. **However, should your country appears on this list, there will not be any exemption possible. Note** that what matters is the country where you come from (in the past 10 days) before participating in the European 10,000m Cup, not the country of citizenship.

The list below provides a full list of affected countries :

<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19#red-list-travel-ban-countries>

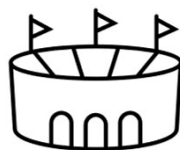
Please ensure you check regular the list as this is subject to change at short notice

It is advised for the Team Leader to maintain a log of the seating plan of their delegation on the flight arriving to UK and transport to the event hotel in case of any problems to help the LOC with contact tracing protocols should they be required.

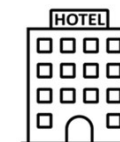
Sanitary Rules

- **Wearing a mask** covering the mouth and nose **is obligatory at all times**, except:
 - ✓ **when seated at a table** to have a meal (one must wear a mask if she/he leaves the table for any reason, even for a short period of time);
 - ✓ **when eating/drinking** (one must wear a mask when not eating/drinking) ;
 - ✓ **When competing** (*athletes only!*) - *i.e.* until the athletes are on the Track and before entering the Live Mixed Zone
 - ✓ while doing **active physical exercises** during **warm-up and training** - *applies to athletes only!*
- **Social distancing** of minimum 2m shall be strictly applied **at all times** (except in specific cases where it is not possible to maintain this policy (e.g. medical treatment, competition flow, etc.).
- If sharing a room and one tests positive they will be considered as contact and will need to isolate for 10 days
- **Hand hygiene** must be maintained with regular hand washing and the use of Alcohol Based Hand sanitiser

What is allowed on-site



Going to the Stadium for training and competition

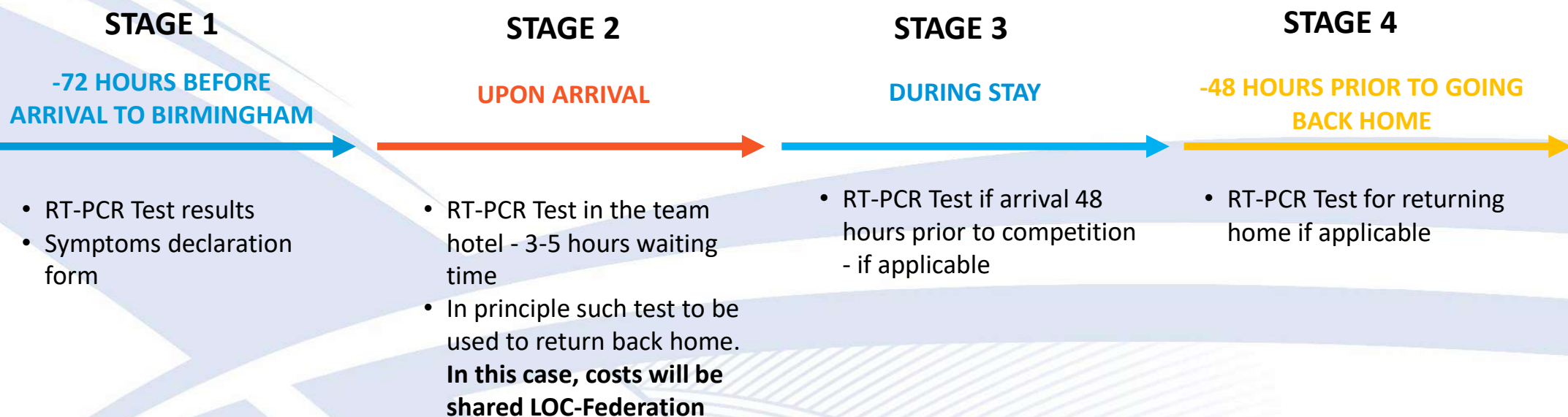


Going back to the hotel after training and competition



Any other activity or behavior that might potentially result in a health risk is prohibited and European Athletics has the right to amend or cancel event access

Medical Clearance Protocol



This protocol applies to everyone, regardless of any previous COVID-19 infection or vaccination

Medical Clearance Protocol

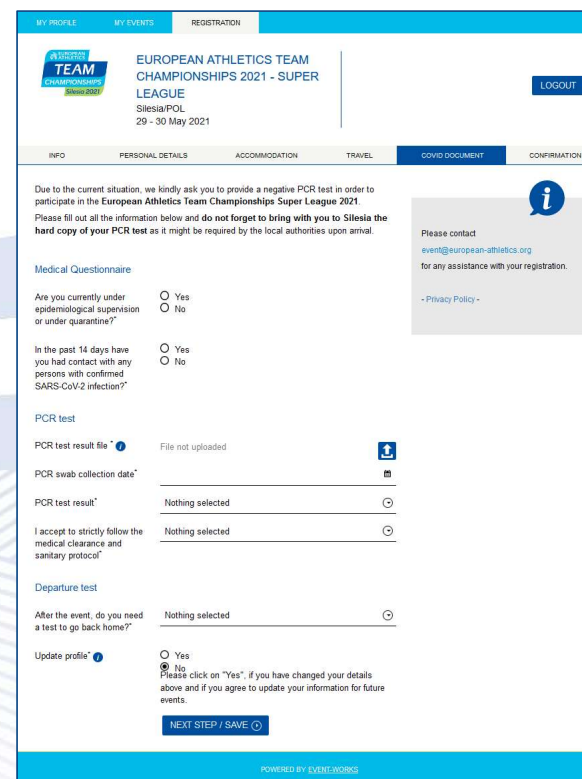
Stage 1 (at the participant's cost)

-72 HOURS PRIOR TO ARRIVAL TO BIRMINGHAM

Provide data through the registration system

Swab collection to be done within 72 hrs before arrival (result to be in English)

- RT-PCR RESULT (FILE TO BE UPLOADED)
- MEDICAL QUESTIONS (ONLINE)
- AGREEMENT STATEMENT (ONLINE)
- WILL YOU NEED A TEST TO GO BACK HOME? (ONLINE)



The screenshot shows a web interface for the registration system. The header includes navigation tabs: MY PROFILE, MY EVENTS, and REGISTRATION. The main content area is titled "EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS 2021 - SUPER LEAGUE" and includes event details: Silesia/POL, 29 - 30 May 2021. A "LOGOUT" button is visible in the top right. Below the header, there are tabs for INFO, PERSONAL DETAILS, ACCOMMODATION, TRAVEL, COVID DOCUMENT, and CONFIRMATION. The "COVID DOCUMENT" tab is active, displaying a "Medical Questionnaire" with several questions and radio button options. The questions include: "Are you currently under epidemiological supervision or under quarantine?", "In the past 14 days have you had contact with any persons with confirmed SARS-CoV-2 infection?", "PCR test result*", "I accept to strictly follow the medical clearance and sanitary protocol*", "Departure test", and "Update profile*". There are also fields for "PCR test result file*", "PCR swab collection date*", and "After the event, do you need a test to go back home?". A "NEXT STEP / SAVE" button is at the bottom of the form. A footer note says "POWERED BY EVENTWORKS".

Medical Clearance Protocol

Upon arrival - From the airport to the testing centre



Upon arrival at the airport:

Temperature check before
boarding the bus

You will receive a "Sanitary
Kit" including sufficient
number of masks and hand-
sanitizer.



In the bus to the Team Hotel
testing centre:

Hand sanitation,
50% occupation capacity.



Medical Clearance Protocol

Stage 2

(at the LOC's cost if arrival more than 48hrs prior to competition/shared costs LOC-Member Federation if within departure requirement)

UPON ARRIVAL AT THE HOTEL TESTING CENTRE



Medical Clearance Protocol

Stage 3 (at the LOC's cost) - All accredited people are required to repeat the RT-PCR test in case of arrival (and on site testing) to Birmingham before Thursday 3 June 08:00 CET) – To be reconfirmed once travel details are known

RE-TEST EVERY 48HRS DURING STAY – IF APPLICABLE



NOTIFICATION

- EMAIL SENT TO PARTICIPANT WHEN RE-TEST NEEDED THE NEXT DAY
- EVENING TIME SLOT ALLOCATED SPECIFIED



TEST

- TEST CONDUCTED IN HOTEL TESTING ROOM
- ID & ACCREDITATION TO SHOW



GO BACK TO ROOM

- PEOPLE CAN GO BACK TO THEIR HOTEL ROOM WHILE TEST RESULT IS BEING PROCESSED



TEST RESULT KNOWN

- INFORMATION SENT BY EMAIL
- NEXT RE-TEST DATE SPECIFIED AS WELL

Not going to be re-tested will result in the deactivation of the accreditation

Medical Clearance Protocol

Stage 4 (at the Member Federation's costs) - *if applicable and not conducted under Stage 2*

To be reconfirmed once travel details are known

-48 HOURS PRIOR TO GOING BACK HOME



SCHEDULE

- BASED ON DEPARTURE DATE



TEST

- TEST IN DEDICATED HOTEL TESTING CENTRE
- ID & ACCREDITATION TO SHOW
- RETURN COVID-19 TEST PERFORMED



GO BACK TO ACTIVITIES

- PEOPLE CAN GO BACK TO THEIR HOTEL ROOM OR THE STADIUM WHILE TEST RESULT IS BEING PROCESSED

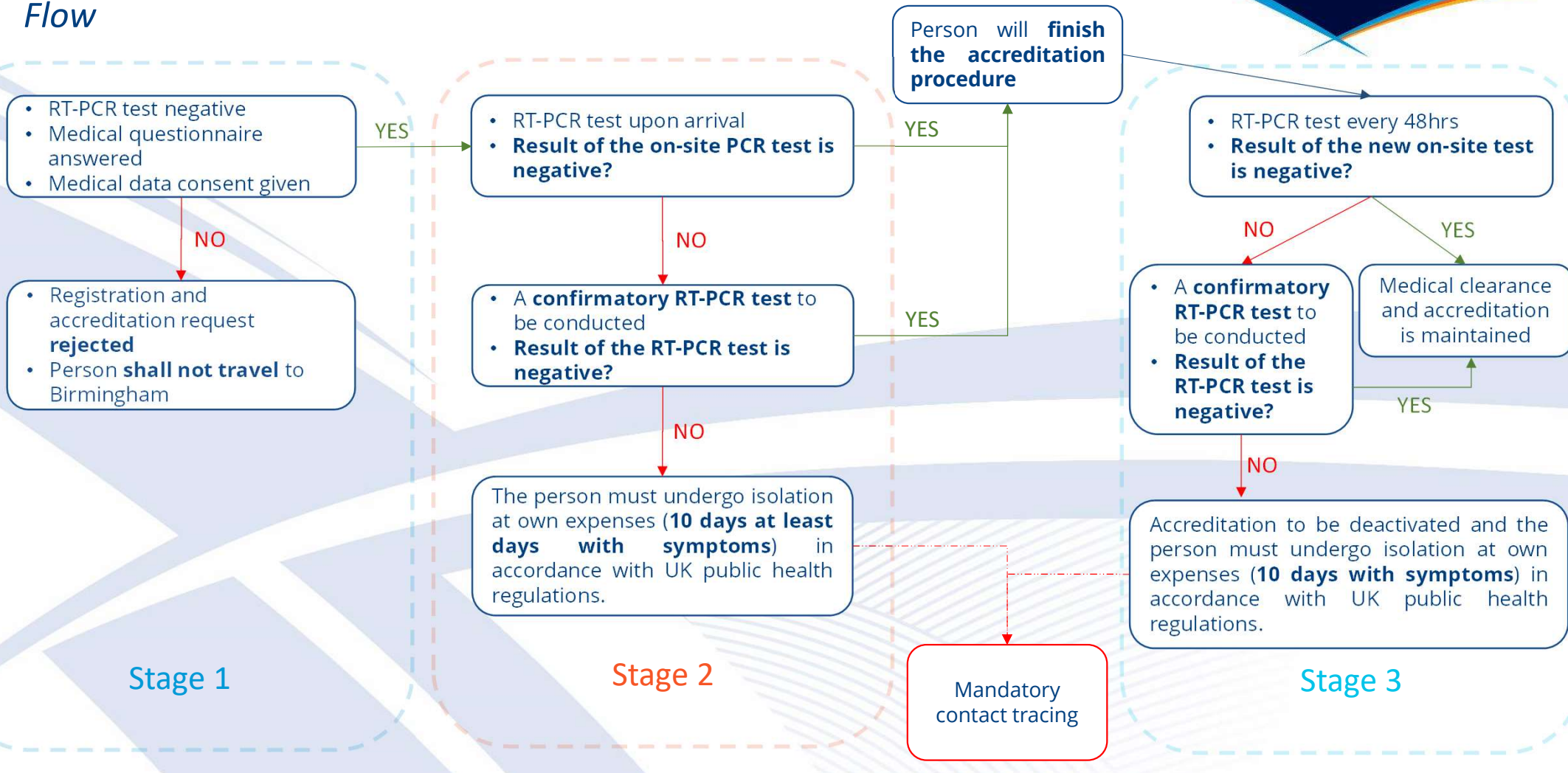


TEST RESULT KNOWN

- 3-5 HRS AFTER THE TEST
- TEST RESULT SENT BY EMAIL

Medical Clearance Protocol

Flow



Logistics

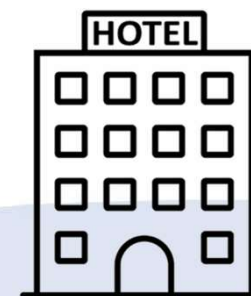
Catering & Team services



Food served by catering staff



Social distancing



Bookable physio room for Team use



Hand Sanitizer



Mask worn when not eating